

2012 APPLICATION PROCEDURE FOR A UIM X-CAT SUPERLICENCE

In order to participate in X-CAT Series, every crew member of the boat must hold a UIM X-CAT Superlicence.

All UIM licences are valid from the date of issue to 31st December of the same year.

In the event of any accident either within the sport or beyond it's jurisdiction that prevents an individual from racing on medical grounds, a new post injury medical certificate must be submitted prior to re issue of the individuals licence.

Additionally in the case of a race incident resulting in medical care the competitor must be signed fit to return to racing by the race/event doctor. If this is not obtained, a signed declaration from a Doctor of fitness to return must be submitted to the UIM.

The event insurance must be complied with.

ISSUE OF LICENCE

A UIM X-CAT Superlicence can be obtained either following a request by the pilot's National Authority to the UIM.

The application for a UIM X-CAT Superlicence must be lodged with the UIM four (04) weeks prior to the first event in which the pilot wants to participate is held.

The price of the UIM X-CAT Superlicence will be Euro 150. After the four weeks deadline for the pilot's to apply for the UIM X-CAT Superlicence via their National Authority, late penalty fee of Euro 300 will apply.

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All required documents must be completed and the following additional documentation, or proof of such, must be provided to the UIM Secretariat:

- The sports career of the pilot, including the results obtained in the previous two seasons of offshore racing.
- Evidence of having raced during the previous 2 years in Extreme Cat (6 litre), or equivalent as pilot or throttleman in at least 7 races. (Other classes may be taken into consideration as agreed by the UIM).
- Current immersion certificate.
- A medical certificate providing all the data required by the UIM Official medical form as
- Two photographs (passport size).
- The fees fixed by and paid to the UIM (150 Euro superlicence fee + 150 Euro medical expertise fee for any driver with a BMI over 30 kg/m² / or any driver who passed his 50th birthday before the date of applying the superlicence)

The UIM may issue the UIM X-CAT Superlicence on the basis of the information supplied by the pilot's National Authority. The UIM may withdraw a UIM X-CAT Superlicence on the recommendation of the relevant pilot's National Authority and the agreement of the X-CAT Promoter.

Any pilot who has passed their 50th birthday before the date of application for a UIM X-CAT Superlicence will be obliged to submit a medical report from their own doctor, and also a report of an examination by a doctor nominated by the UIM.

The minimum age for a pilot to qualify to hold a UIM X-CAT Superlicence and to compete in a X-CAT race is 18 years unless otherwise agreed by the UIM.

The application and nomination by the pilot's National Authority will be deemed to be the National Authority's consent to represent their country for the duration of the UIM X-CAT Superlicence. Should the NA not wish a UIM X-CAT Superlicence holder to represent his country at any time, the NA must inform the UIM in writing.

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The UIM may authorize a provisional Licence for the second Driver who may not have the above - mentioned sports career to participate in the competitions provided that:

- The First Driver is well experienced, has attended the last two C-CAT Series and takes the responsibility of the Second Driver's behavior in the race, the first driver must also sign the UIM letter of agreement regarding responsibility and;
- He should have an Offshore Licence issued by his relevant National Authority.
- The application should be should be authorized by his N.A.

Superlicence fee / Medical expertise fee must be transferred on the following U.I.M. bank account :

Bank L.C.L. (Le Crédit Lyonnais)
Monaco Les Moulins
98000 Monaco

IBAN N° MC36 3000 2054 3000 0007 0044 N44 BIC N° CRLYMCM1

Please mention on the bank transfer the superlicence category and the name of the driver



MEDICAL EVALUATION SHEET 2012 UIM X-CAT SUPERLICENCE

Location of test	Date	
Name	_ Surname	
Born in	_ Date	
Status	_ Profession	
Date of first involvement in the sport		
Other sports practised		
PRESENT STATE OF HEALTH AND FO	RMER DISEASES	
Disease (former or current)		
	<u>.</u>	
With special mention of		
□ Cardiopathy □ Coronary □ Diabetes Type 1 / 2 (circle the type)		
□ Epilepsy □ High Blood Pressure		
Operations undergone previously	· · · · · · · · · · · · · · · · · · ·	
Dates of these operations		
Accidents (when, where, under which circumstances)		
Alcohol Toba	acco	
Allergies		
Medicines usually/frequently taken		

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GENERAL OBJECTIVE EXAMINATION 2012 UIM X-CAT SUPERLICENCE

Height:	Weight:
Body Mass Index (Weight (kg)/He	eight ² (m): BMI):
	g/m² must submit with his 2012 superlicence ation results required in this form.
This will then be submitted to a	doctor appointed by the UIM.
Drivers have until the next racir	ng season to reduce their BMI to less than 30 kg/m².
The 2012 year is a transition pe issued a superlicence in 2013.	riod and no one with a BMI over 30 kg/m² will be
Age	Sex
Congenital or acquired deformities	s
Respiratory system	
Spirometry (mandatory – <u>see add</u>	litional items on page 8)
FVC (measured/predicted)	
FEV ₁ (measured/predicted)	
Cardiovascular system: is there as cardiovascular system? Yes If "Yes", give details below.	ny evidence of abnormality of the heart or □ No
Blood Pressure at rest	
Hearth Frequency at rest	
Electrocardiogram at rest	

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Stress ECG and blood pressure profile - see additional items on page 8 Only Confirmation from the physician who administer the exam is required. Complete results and English report from the physician are required for a driver with BMI over 30 kg/m² and a driver who passed his 50th birthday before the date of applying the superlicence Sight testing (see additional items on page 8) Date of the last ophthalmologic check-up (performed by a professional ophthalmologist: ../../.... Faculty of vision (uncorrected) R L R L (with correction) Vision with both eyes open (wearing corrective lenses if necessary) Field of Vision ____ Vision of Colours: is the applicant's colour vision normal? □ Yes □ No If "No", give details below. Hearing Testing _____ Urine: Albumine _____ Sugar _____ Sugar _____ Is the Urine analysis normal?

\[\subseteq \text{ Yes} \quad \text{ No} \] If "No", give details below. Nervous system _____ Others - Does the applicant have any physical abnormality or restriction of movements in the arms or legs? □ Yes □ No

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If "Yes", give details below.

- Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport? □ Yes □ No If "Yes", give details below.
To the Doctor and the Driver:
Are you the applicant's usual doctor? □ Yes □ No
Your practice stamp (together with your name and qualifications):
Name in Capital Letters
Degree
Address
Tel
Fax
Aptitude Assessment
Date
This is to certify that I have examined the applicant in line with this form.
Signature of the Doctor
Signature of the Driver

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ADDITIONAL ITEMS FOR UIM X-CAT SUPERLICENCE

Stress ECG and blood pressure profile: electrocardiogram has to be performed under stress on a **cycloergometer** starting at 60 watts and increasing by 30 watts every two minutes. The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

Treadmill tests are no longer accepted.

A written report from the physician (English language) should be enclosed.

Exhaustive ophthalmogical check-up, tested and certified (English language) by a professional ophthalmologist to be renewed every five years and after skull trauma.



INFORMATION FOR BODY MASS INDEX (BMI) - STRESS ECG PULMONARY AND VISION TESTS FOR 2012 UIM X-CAT SUPERLICENCE

Drivers with a Body Mass Index (BMI) over 30 kg/m²

Drivers with a BMI over 30 kg/m² must submit all the detailed examinations results required in the UIM medical form which will be submitted to a doctor appointed by U.I.M.

Drivers have until the next racing season to reduce their BMI to less than 30. 2012 is a transition period and no one with a BMI over 30 will be issued a Superlicence in 2013.

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence.
- Exhaustive ophtalmological check-up, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 5 years and after a skull trauma.

Stress ECG test & blood pressure profile

Test to be performed every year as part of the yearly medical examination in order to get a superlicence.

The Electrocardiogram has to be performed under stress on a cycloergometer starting at 60 watts and increasing by 30 watts every two minutes. The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

Treadmill tests are no longer accepted.

A written report from the physician who administered the ECG must be provided in English language.

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Drivers who passed his 50th birthday before the date of applying the superlicence

Drivers who passed his 50th birthday before the date of applying the superlicence must submit the detailed examinations results required in the UIM medical form which will be submitted to a doctor appointed by U.I.M. Detailed reports include following examinations / tests:

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence.
- Exhaustive ophtalmological check-up, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 5 years and after a skull trauma.

Stress EKG test & blood pressure profile

Test to be performed every year as part of the yearly medical examination in order to get a superlicence.

The Electrocardiogram has to be performed under stress on a cycloergometer starting at 60 watts and increasing by 30 watts every two minutes. The driver must be capable of reaching a minimum power level of 2.5 watts (males) - 2.2 watts (females) per kilogram of body weight.

Treadmills are no longer accepted

A written report from the physician who administered the ECG must be provided in English language.